

Behavioral Health Services

SEPTEMBER 2022





Scan the QR code then click the link to register!

(520) 610-5406 | GRHC.ORG/BHS | BHSprevention@GRHC.ORG COVID Anxiety and Stress Helpline: (602) 528-7122

Monday	Tuesday	Wednesday	Thursday	Friday	Sat. Sun.
	Month Long Activition	es	1	2	
Suicide Prevention Awareness 5k Run/Walk			Online Learning: Alcohol		Look for our
Virtual Resource Fair			(11am - 12pm)		mobile
5	6	7	8	9	classroom!
Holiday Labor Day	Active Parenting of Teens 9/6, 9/7, 9/8 (9am-11am)	Online Learning: Digital Wellness (1pm - 2pm)	Online Learning: Self-Care (2pm - 3pm)	Online Learning: Meth (11am - 12pm)	
Online Learning: Parenting as Prevention (11am - 12pm) Online Learning: Domestic Violence Awareness	QPR Suicide Prevention (1pm-2pm) Teen QPR Suicide Prevention	Online Learning: Meth (1pm - 2pm) Youth Mental Health Kahoot	Gila River Prevention Coalition Meeting (10am - 11am) Online Learning: Stress and Self Care Online Coale Youth Mental Wellness Craft (5.20am - 0.5)	ft Night American	
Online Learning: Stress & Self-Care (12pm - 1pm) QPR Suicide Prevention (1pm-2pm)	(6pm-7pm) 20 Active Parenting 9/20, 9/21, 9/22 (1pm-3pm) Online Learning: Fentanyl (11am - 12pm)	(5:30pm - 6:30pm) 21 Online Learning: Alcohol (1:30pm - 2:30pm)	(11am - 12pm) (5:30pm - 6: 22 Self-Care Family Paint Night (5:00pm - 6:30pm)	23	To receive an
Yes To Life! Read Aloud (1pm - 2pm) Online Learning: Healthy Relationships (5pm - 6pm)	Online Learning: Domestic Violence Awareness (4pm - 5pm)	Webinar: MAT (Medication Assisted Treatment) (12pm - 1pm) Online Learning: Parenting as Prevention	Mental Health Awareness Family Night (5:00pm - 6:30pm)	Online Learning: Digital Wellness (11am - 12pm) QPR Suicide Prevention (1pm-2pm)	Elder Care Package, Call Shayla at (520) 610-3445











SUICIDE PREVENTION AWARENESS MONTH

Yes to Life! Drive Thru Booths

Come to receive suicide prevention information and more.

9/7/2022	District 4 Service Center 9am - 12pm
9/7/2022 District 2 Wednesday	Intersection Crossroads 4pm - 6pm
9/13/2022	District 1 Service Center 11am - 2pm
9/14/2022	District 7 Service Center 9am - 11am
9/14/2022	District 6 Service Center 12pm - 2pm
9/20/2022 District 5 - ne Tuesday	ext to Casa Blanca Market 4pm - 6pm
9/22/2022	District 3 (Vendor Lot) 11am - 1pm



